



NHWA

Official journal of Neighbourhood Watch Australasia
incorporating Neighbourhood Support New Zealand



Date Claimer 3, 4, 5 September 2020
Inaugural Neighbourhood Watch
International Conference
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Cover photo: Commissioner Chris Dawson and Superintendent Kate Taylor, Community Engagement Division with Chinese Neighbourhood Watch group members



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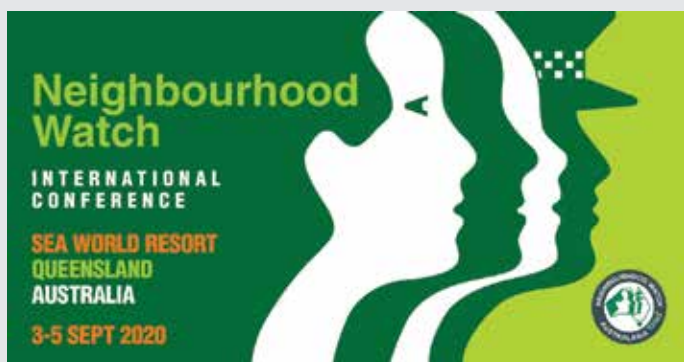
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FROM THE CEO

MARIA BENNETT, CHIEF EXECUTIVE OFFICER, NEIGHBOURHOOD WATCH AUSTRALASIA

Hello Neighbourhood Watch Australasia!

Here we are almost at the end of another great year. I hope it has been a successful one for you. In this edition of the Neighbourhood Watch Australasia (NHW) Journal we've included for you a special Christmas Holiday Safety Tips double page pull-out feature.



Stop the Press!

Date Claimer

As the peak body for Neighbourhood Watch Australia and Neighbourhood Support New Zealand (NSNZ) we are very excited to announce that the dates have now been set for the inaugural Neighbourhood Watch International Conference. The conference will be held at Sea World Resort at the Gold Coast on 3, 4 and 5 September 2020.

The conference will bring together Neighbourhood Watch (NHW) and NSNZ volunteers, members, police and other law enforcement agencies to engage and be part of this major national and international crime prevention initiative.

The NHW International Conference will be a combination of showcasing Australia and New Zealand's best practice crime prevention and community safety initiatives, as well as equipping NHW members with the latest information from around the world.

For more information see page 7, or contact us at admin@nhwa.com.au



University of Queensland NHW Queensland Survey

The Queensland Neighbourhood Watch (NHW) Community Capacity Survey was a huge success thanks to all of the dedicated members who took the time to complete the questionnaire. Here is a snapshot of some of the results:

- 47% said they have been members of NHW for more than 10 years.
- In meetings, discussions most frequently centre around the topics of protection from violent and property crimes.
- Importantly, **over 75% of people believe that NHW provides useful crime prevention advice.**
- 84% 'agree or strongly agree' that NHW is a worthwhile program.
- Over half of the members reported that NHW had helped reduce crime in their neighbourhood.
- **More than 70% either 'agreed or strongly agreed' that NHW brought people together in their community.**
- 68% described crime in their community as being 'low or average'.
- **90% of respondents said they felt safe in their neighbourhood during the day.**
- **75% said they felt safe to walk in their neighbourhood at night.**
- **75% reported they feel safer in their community because they are connected with their NHW group.**

The research project is ongoing, further analysis of the survey data is underway.

Digital Mentor training skills program launched

The program is up and running with more than 60 people already trained to be Digital Mentors.

NHWA has partnered with Be Connected to train Digital Mentors. Anyone can attend the course to become a Digital Mentor. It's free! And includes morning tea and lunch!



NHWA Project Manager Anne Collishaw training the Digital Mentor class at Ipswich



Gold Coast group attend Digital Mentor training

The purpose of the program is to train anyone who would like to become a Digital Mentor, who will then be able to go and train over 50 year old's how to use digital technology, such as computers, smart phones, tablets and the internet in a safe and confident way.

The program is perfect for all NHW groups to train your members in the use of digital technology, as well as the opportunity to earn some additional funding for your NHW groups.

One lucky person from each Digital Mentor training day will win a free Tablet and case to take home to practice their computer skills.

Children Come to School program Palm Island launch

Over 300 children, teachers and police attended the Children Come to School program launch held at St Michael's Catholic School on Palm Island. The launch was a combined activity of both the Bwgcolman Community School and St Michael's Catholic School.

The Children Come to School program has been developed as an engagement tool to help break down barriers between police and children in the community. The program is a conversation starter about the benefits of going to school, with the message 'every day counts' and also includes information about food, career options and safety, how to call triple zero in an emergency or 131444 for police assistance.



NHWA CEO Maria Bennett with children from St Michael's Catholic School and Bwgcolman Community School, Palm Island at the Children Come to School launch



Police Liaison Officers based at Palm Island, Catherine Inkman, Nikita Blackman and Yvonne Wotton, discussing the draft artwork for the Children Come to School program

NHWA has been working with Principals Tess Fong St Michael's Catholic School and Beresford Domic Bwgcolman Community School, Palm Island Police and community members to produce and deliver the Children Come to School program resources.

The 'Children Come to School' resources are all focussed on the same message, *getting more children to school more often.*

I wish you all safe travel and happy holidays.
Looking forward to working with you to create safer communities in 2020.

Together we achieve great things!
Neighbourhood Watch – the Power of Many!

Maria Bennett

Maria Bennett
Chief Executive Officer
NHWA Australasia

Let's take action.
Let's take ownership.
Number 1 Let's Stay Safe.



BOARD DIRECTORS & STAFF



Bernie Durkin – Chairman, Western Australia

Bernie is the Executive Manager for the Community Engagement Division of the Western Australia Police. Part of this role encompasses the position of WA State Director for NHW. In 1988 Bernie joined WA Police as a sworn Police Officer then switching to a Public Servant in 2008. In his current role Bernie manages a team of crime prevention community engagement staff and is extensively involved with NHW at both a State and National level. Bernie is currently the Chairman of Neighbourhood Watch Australasia.



Margaret Pearson – Company Secretary

Throughout Margaret's career she has made a significant contribution to the voluntary sector by being involved with numerous community organisations including ACT Neighbourhood Watch Association Inc. where she held a number of positions within that organisation and is currently President. Having lived overseas for a number of years Margaret returned, with her family, to Canberra where she continues to follow her great interest in local and international politics. Margaret is currently the Company Secretary of NHWA.



Clare McGrath – Australian Capital Territory

Clare is currently the Vice-President and Board Member of the ACT Neighbourhood Watch Association. Clare has been an active member of NHW since 1985, primarily in the Ainslie Suburb of Canberra where she has lived since 1962 after moving from Melbourne.

Clare is a self-professed sports lover and a one eyed Hawthorn supporter.



Cheryl Cartwright – Independent Director

Cheryl is a non-executive director and also provides strategic advice for a select group of companies. She has experience as an industry association CEO, a Cabinet Minister's Chief of Staff and as a senior journalist in the Federal Parliamentary Press Gallery, where she worked for print, radio and television. Cheryl's experience includes: politics and bureaucracy, communication, social license challenges, business culture, stakeholder relations, public perceptions and planning for the future.



Dr Carlene Mahoney – New South Wales

Dr Carlene Mahoney is a Detective Chief Inspector within the NSW Police Force with over 20 years experience, working in organised crime, child protection and is currently managing the social media presence for online community engagement. Carlene also holds the position as an adjunct lecturer with the Terrorism and Security Studies, Charles Sturt University in Canberra. Carlene is currently undertaking a Masters in Terrorism, researching the complex social, political and international context of terrorism and contemporary security related issues.



Eric Tibbott – New Zealand

Superintendent Eric Tibbott assists the Commissioner of Police in driving the development and implementation of New Zealand Police's Prevention First Strategy in accordance with Our Business.

Eric fosters a "whole of government" approach to prevention by actively supporting and contributing to the inter-agency development of policies and strategies for community based crime prevention.



Les Bulluss – Queensland

Les joined the Queensland Police Service in June 2000 after 13 years with the New South Wales Police. In 2008 Les was promoted to Senior Sergeant, Officer in Charge Thursday Island; the only police division in Australia with an international border. In 2011 Les was promoted to Inspector and in 2013 was appointed to his current role as Manager, Community Programs and Engagement, Community Contact Command.



Peter Edwards BM APM – Tasmania

Peter Edwards is a former Commander in the Tasmanian Police Service. He has extensive experience across diverse policing portfolios within his home State, as well as national and international law enforcement representation. He has served as a Detective, Prosecutor, Intelligence Officer and Head of Training. Peter is currently a Board member of Neighbourhood Watch Tasmania.



Maria Bennett – Chief Executive Officer

Maria has extensive knowledge, management skills and leadership experience in both the public and private sectors. Prior to joining NHWA Maria had a successful career in corporate sales and marketing roles. Previous management roles have provided experience in coordination of major projects and exposure to the differing legislative and regulatory environments involved as well as an awareness of the unique physical and social challenges each location brings.



Anne Collishaw – Executive Assistant/Project Manager

Anne is a highly experienced, energetic and motivated finance and administration professional, with 19 years proven success in diverse administration, accounts, bookkeeping and customer service, across the Building and Construction, Engineering, Transport and Banking sectors. For six of those years Anne effectively completed PA duties for a CEO and Company Directors. Anne holds a Certificate Level 4 in Bookkeeping and Financial Services.



14-20 October 2019

Neighbourhood Watch Australasia secured \$54,000 in grant funding for 36 NHW groups to host Get Online Week events during October.

Get Online Week began in 2007 as an initiative to bring digital inclusion to national attention. Since then, the campaign has grown into a week-long annual celebration, with thousands of events taking place each year, bringing digital skills and know-how to everyone.

2.5 million people are currently not online in Australia, and 4 million people have limited digital skills

In 2018, over 750 events were held in Australia for the nation's first Get Online Week. This year, over 1000 community events were hosted across the country during the one week campaign, through BBQ's, digital scavenger hunts, morning and afternoon teas and open days helping people with limited digital skills make the most of the internet.

"2.5 million people are currently not online in Australia, and 4 million people have limited digital skills."



Ropes Crossing NHW team hosts Get Online Week



Ipswich NHW members get together with NHWA CEO Maria Bennett and NHWA Project Manager Anne Collishaw for Get Online Week



Murgon NHW group celebrating Get Online Week



The 21st century Neighbourhood Watch (NHW) will be on show at the Gold Coast in 2020 with an international conference that will attract Neighbourhood Watch, community and policing groups from around the globe.

Neighbourhood Watch Australasia (NHW), the representative body for Neighbourhood Watch Australia and Neighbourhood Support New Zealand, is pleased to announce the official inaugural NHW International Conference to be held at Sea World Resort at the Gold Coast on 3, 4 and 5 September 2020.

The conference will bring together NHW groups, volunteers, members and the general public to engage and be part of a major national and international initiative. This will strengthen their resolve and commitment to bring about safer communities.

The conference will commence with a welcome launch function on the evening of 3 September. Details of the two-day program (4 and 5 Sept) are being finalised and will include topics such as: illegal drug use, and crime prevention through environmental design, observational skills and techniques, information provision and improved online skills.

The very enthusiastic NHWA Chief Executive Officer, Maria Bennett, said "The conference will help to empower and connect all members of Neighbourhood Watch and the community."

She said NHW communities work well with local police groups and the conference would further enhance this collaboration.

"The conference will highlight best-practice work in crime prevention and build on current community safety initiatives," Ms Bennett said.

"The conference will highlight best-practice work in crime prevention and build on current community safety initiatives."

"It will help us to further enhance community understanding of safety and security, and expand the good work of our volunteer groups.

"It will equip individuals, communities and businesses with knowledge and best-practice strategies from global and local

perspectives, enhancing community safety and building community and individual resilience. Building a knowledge base that includes lessons learnt from around the world will help to deliver effective crime prevention and community safety programs in Australia."

The conference will provide an opportunity for local policing groups from around the world to learn from a broad range of community engagement experiences and challenges. It's also an opportunity to increase awareness of Neighbourhood Watch in Australia and the good work already being undertaken, such as local educational programs that provide information about securing homes, cars and buildings, improve understanding of online dangers, and generate community engagement through discussion and activity groups.

Speakers will be drawn from technical experts, police and other law enforcement agencies, government bodies and other non-government legal groups. Also, university experts will provide latest research and development information.



Julie Inman Grant eSafety Commissioner at Safer Internet Day.

Keeping Australians safer online

As we know, the internet has many benefits. It connects us, brings us endless entertainment, and helps us keep up with the latest news around the world, in real time. But the pitfalls of the internet and rapidly evolving technologies should not be ignored.

Social media can be a breeding ground for abuse and online hate, technology can be used to stalk, control and harass women in abusive relationships, and child sexual abuse material has proliferated to crisis point on the world wide web.

The eSafety Commissioner (eSafety) was established in 2015 to help combat these serious issues. It is a world-first government agency solely committed to keeping citizens safer online — providing support,

resources and outreach programs to help Australians have positive and empowering experiences online. eSafety also operates three legislative reporting schemes to rapidly remove cyberbullying, image-based abuse and illegal online content.

Investigation and removal

eSafety research shows one in five Australian children experience cyberbullying. So, the agency's

cyberbullying complaint scheme provides an invaluable safety net for Australians under the age of 18, affected by serious cyberbullying. The cyberbullying is often peer-based and can have serious consequences, negatively impacting a young person's mental, physical and emotional wellbeing. By getting harmful material about a child removed quickly, eSafety reduces their humiliation and the emotional anguish it may cause them.



Julie Inman Grant eSafety Commissioner



Children attending Safer Internet Day 2019

eSafety also assists victims of image-based abuse — when someone's intimate image or video is shared, or threatened to be shared, without their consent. eSafety research shows that image-based abuse affects 1 in 10 Australians. Since October 2017, it has helped over 1500 victims have their images or videos removed from public view. eSafety also has the power to issue warnings, infringement notices and fines to those who post or threaten

to post intimate material, as well as the online host.

The agency also responds to reports from the public and law enforcement about illegal online content and works with international partners to get online child sexual abuse taken down. A growing trend in this area involves children, as young as three and four, being coerced by strangers into producing highly sexualised images and videos through their internet-enabled devices. Last financial

year, eSafety finalised over 8,000 investigations into content depicting child sexual abuse, resulting in approximately 35,000 images and videos referred for take-down.

In the wake of the Christchurch terrorist attacks which were live streamed on Facebook, eSafety can now also issue content and hosting services with a notice about providing access to 'abhorrent violent material' — which may include violent terrorist acts, murder, attempted murder, torture, rape and kidnapping.

Education and prevention

The range of online abuses experienced today are a result of underlying cultural and societal issues, so education and prevention are key to changing behaviours and supporting people to have safer online experiences. eSafety aims to do this through research, education and awareness-raising activities.

eSafety develops evidence-based resources to boost knowledge and confidence about online safety among educators, parents and carers, as well as young people, older Australians and other vulnerable groups. Free online and face-to-face training is also on offer for different groups looking to upskill their online safety knowledge, including frontline workers who assist women experiencing technology-facilitated abuse as part of a domestic violence situation.

Technology companies also play an important role in keeping users safe online. So eSafety has developed Safety by Design principles — guidelines to help companies plan for and build in safety features from the initial design stage, right through to development and deployment. eSafety is continuing to consult with technology companies and develop further guidance to achieve the safer online world we all deserve.

To find more information or to make a report visit esafety.gov.au

Presentations and Awards at the ACT NHW AGM



ACT NHW Vice President Clare McGrath and ACT Policing Detective Superintendent Jason Kennedy chatting with two of the attendees at the ACT NHW Annual General Meeting, Det Supt Kennedy was guest speaker at the NHW AGM who spoke on the topic, “Looking to the Future: ACT Policing’s Transition Towards a Community-focused Police Service Model.”

The ACT’s Annual General Meeting was held on 23 September at the Gunghalin Lakes Club in Nicholls. The ACT members were delighted to hear from guest speaker, Detective Superintendent Jason Kennedy APM, who highlighted the additional \$33.9 million in funding to ACT Policing to help in the transition from a response-focused service model, to a more prevention-based, community-focused service, which ACT Policing has identified as the best and most appropriate model to assist and work with the community.

One of the highlights of the AGM was the Neighbourhood Watch Member

of the Year Award 2019, which was presented to long-standing and hard working NHW member, George Vatchenko. As a member of the Melba-Spence NHW branch, George has been a dedicated volunteer for more than 30 years, right back to the days when NHW street signs were installed by volunteers like him. George is noted for his reliability and his commitment. He’s counted out newsletter packs for deliverers, and promptly – without objection – delivered additional promotional material and messages to members. He’s rarely missed a meeting and is a marvellous advocate for NHW.

The ACT NHW Police Recognition Award was also presented at the AGM. The 2019 award was presented to Rod Anderson APM, Station Sergeant at Gunghalin, a strong supporter of NHW, and currently the ACT Policing Disaster Victim Identification Commander and Chairman of the Australian New Zealand Police Adviser Agency.

Sergeant Anderson joined the Australian Federal Police in 1990 and has a diverse policing background, including working with the Search and Rescue Team and as a pursuit motorcyclist with the Traffic Section. He has also worked in the Jervis



George Vatchenko, ACT NHW Member of the Year Award 2019

Bay Territory, undertaking all police duties for the small jurisdiction. After returning from Jervis Bay, he was promoted to the Rank of Sergeant and transferred to the Professional Reporting team, then returned to ACT Policing. Sergeant Anderson has also been in charge of Prosecution and Judicial Support, commander of Tuggeranong Police Station, OIC



Station Sgt Rod Anderson APM, ACT NHW Police Recognition Award 2019

of Traffic Operations – helping to reduce the impact of road trauma on the community – and Station Commander of the Gungahlin Police Station. He was also part of the team sent to investigate the Malaysian Airlines MH17 crash in Ukraine. The NHW ACT Policing Award follows Sergeant Anderson's receipt of the Australian Police Medal in 2015.



ACT NHW President Margaret Pearson and recipient of the ACT NHW Police Recognition Award 2019, Station Sgt Rod Anderson APM

The ACT NHW also honoured the organisation's auditor, Hugh Alston, who has decided to retire after many years of excellent service.

The Treasurer and Membership Secretary have agreed to continue in their positions and there were no elections required for the ACT NHW this year.

Secure September – a popular initiative in the ACT



Neighbourhood Watch in the ACT is working in conjunction with ACT Policing to conduct Secure September, encouraging people to take care of themselves with regard to their security. This is only the second year of the initiative, but it's proving very popular, with information stalls



being organised at shopping centres, including Jamison and Erindale. Police and NHW volunteers hand out brochures and speak with the public about keeping their homes secure. One of the initiatives has proven particularly successful, and that's the handing out of tamper-proof



car registration plate screws. It might be surprising to many, but it appears that number-plate theft is a serious community concern in the ACT. In fact, more than 100 sets of these screws were provided to participants at the recent German Auto Day.

NHW success in Western Sydney

Ropes Crossing is in Western Sydney.



Mitch Keyes Ropes Crossing Neighbourhood Watch (RCNHW) President, Prue Car MP Member for Londonderry and Mark Pentecost Vice President RCNHW

Visitors would say it's an hour or so from the centre of town – locals say it's 50 minutes; not far at all!

There was crime in the suburb and the final straw was the new Land Rover – latest model – stolen during the day from in front of its owner's house.

The police took a statement; began the search. But the locals – led by Mitch

Keyes (now the Ropes Crossing NHW President) – decided to help.

The car was located reasonably quickly – within an hour, in fact – containing the five 15-year-old culprits. Mitch and his team followed them to a shopping centre and challenged them. The teenagers ran.

The car returned to its owner and locks changed.

But this was just the beginning. Mitch did a Facebook "call-out" for possible participants to join a local Neighbourhood Watch group. Using Facebook and WhatsApp, a meeting was organised at a local sports club, with about 70 interested locals.

Ropes Crossing is now one of the newest NHW official groups and

"Ropes Crossing is now one of the newest NHW official groups and has gained active support from the Member for Londonderry in the NSW Legislative Council, Prue Carr."

has gained active support from the Member for Londonderry in the NSW Legislative Council, Prue Carr, who has attended, among other events, a barbeque "meat" and greet where locals could get to know each other and learn about NHW activities.

Mitch says the group meets monthly and provides a range of services for the local community. A particular success is the "get online" week, where they visit the local retirement village, Rochford Place, to help residents with computer issues and expand their IT knowledge.

They've also managed to attract a sponsor, the local real estate agency, Laing and Simmons, which is very community minded, also supporting the local soccer team. They also have free access to the local "hub" for events.



Local residents chatting with Prue Carr, Member for Londonderry

\$25,000 grant for Ropes Crossing NHW

Ropes Crossing, one of the newest NHW branches, with assistance from Anne Collishaw at NHWA headquarters, has succeeded in their quest for a community grant for \$25,000 from the New South Wales State Government.

The grants are highly sought-after and Ropes Crossing must meet strict guidelines, but the

local NHW is on track to use the funding for community patrols, crime prevention brochures, community education, including training and educational events.

Congratulations to Ropes Crossing President Mitch Keyes and the Neighbourhood Watch Australasia team!



Attendees doing the cultural war dance the 'Haka'

Haka Warriors

Haka Warriors is an engagement project created by Police Citizens Youth Club (PCYC) Blacktown.

The project is designed to challenge Pacific Island youth by using the cultural war dance of the 'Haka' to connect, promote positive behavioural and emotional change.

The project uses the vehicle of cultural expression to engage with youth and aims to have a holistic approach to promoting core values of unity, respect, resilience, self-worth and identity as well as address barriers hindering our young people

from being positive citizens within our community.

Haka warriors began in August 2019 and already have 9 schools engaged with 145 students participating in the weekly sessions. The target group of participants are in years 7-12. These students have been identified as being disengaged from school, display anti-social behaviour, at risk of gang affiliation or have been involved in gang related activity or violence. Each school is running weekly sessions to learn and deliver 3 different Haka's for a competition event.



Cooking healthy meals for the attendees is part of the program's holistic approach



The project promotes core values of unity, respect, resilience, self-worth and identity



Participants are in Years 7-12 with 145 students participating in the weekly sessions



Early morning training sessions operated by the Leichhardt Police Area Command



Following the workout the youth are given a nutritious breakfast and driven back to their homes or schools

Friend in Hand program

Police from the Leichhardt Police Area Command have had their 'Friend in Hand' program operating for the past five years. Friend in Hand is one of Leichhardt's youth programs to target offending and re-offending young people.

Early every Tuesday and Thursday Police Officers from Glebe Police Station take young participants for a boxing/sport exercise program. From 6.00 am they will be at the Balmain or Glebe Police Citizens Youth Club (PCYC) hitting the

pads or raising their heart rate in some group activity. Following the workout, the youth are given a nutritious breakfast organised by PCYC. After breakfast they are driven back to their respective schools, homes or refuges.

Hunter Valley Operation Safe Schools

As part of their Youth Action Plan, Hunter Valley Police Area Command (HVP) have utilised the Fit For Life program at local schools. There were various offences being committed by and against youth in the area. Research identified that 1/3 of assaults occurred at schools within that catchment. HVP decided Fit For Life at schools would be the chief strategy to reduce assaults, address

behavioural issues and build rapport between selected youth with Police.

In July 2019, NSW Police from Youth & Crime Prevention Command and HVP began the program at Kurri Kurri High School. 19 students were selected by Kurri Kurri High School fitting the target group within the school. This target group formed about 60% of adverse incidents at the school.

Operation Respect:

Blakehurst High School and Penshurst Girls Georges River Campus are participating with Police from the St George Police area Command to address concerns including safe social media use and shoplifting (stealing). Discussions with the female students will vary depending on what's topical. Both schools have shown great support for the program and has been successfully operating for about 12 months.

NEIGHBOURHOOD SUPPORT

NEW ZEALAND

A familiar face in Kiwi Neighbourhoods gets a Big Makeover

Neighbourhood Support New Zealand is bringing a fresh look to a street near you with the launch of a new logo.

An iconic part of our streets and neighbourhoods for the past two decades, Neighbourhood Support New Zealand is ushering in a new chapter with the launch of a fresh logo this month.

"There has been a lot of change since we first established ourselves as a not-for-profit in the 90s. Our members felt that it was time to ensure the 'face' of Neighbourhood Support kept up with where we are headed as an organisation," says Louise Grevel, Chair for Neighbourhood Support New Zealand.

The new logo is a colourful update of the existing design. The latest design features a nod to our country's emergency services partners, as well as a better representation of the neighbours, members and supporters who make up the growing organisation.



**Neighbourhood Support
New Zealand new logo.**

The updated logo also features a koru pattern which reflects the important place of taha Maori in Aotearoa New Zealand. The colours chosen symbolise Neighbourhood

Support's vision of inclusive communities, where everyone is welcome and belongs while the blue colour represents their ongoing partnership with New Zealand Police.

"The bright colours reflect the positivity and energy that is created when people work together to create safer, caring and more connected communities," says Tess Casey, Neighbourhood Support NZ CEO.

"The rebrand is an exciting opportunity to better reflect the increasing number of people we support. Our feedback shows that New Zealanders want to be part of neighbourhoods where people know and support each other. Increasing numbers of people are reporting that they feel isolated or lonely, so knowing that you are a part of a neighbourhood that looks out for each other helps people feel safer and more connected."

First aid workshops cut to the chase on how to save lives

“The biggest mistake you can make is to do nothing.”

This was one of the forthright pearls of wisdom from advanced paramedic Danny Fowler, who gave compelling cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) demonstrations at three public Safety Training Workshops in Motueka and Mapua recently.

The workshops were facilitated by Motueka Districts Neighbourhood Support and aimed to teach the communities how to “save lives, support neighbours, beat crime, prevent fires, get through”. The first and third meeting were held in Motueka, and the second in Mapua, with more than 100 people attending in total.

In the final workshop last week, Danny, together with wife and fellow paramedic Debbie Fowler, talked attendants through the process of resuscitation, as well as demystifying the use of the automated defibrillator machines that are stationed throughout the region. The Marahau device had been used twice since its installation, he said – and twice it had succeeded.

Several times, he urged the attendants not to be frightened to use these skills if need be.

“If it doesn’t work, you’ve done everything you can, and that person has stayed dead,” he told the crowd.

Richmond Voluntary Fire Brigade’s chief fire officer Craig Piner spoke about the difference between traditional ionisation smoke alarms, which “smell” smoke, and the service’s preferred photoelectric alarms, which “see” smoke.

“Photoelectric is the way to go,” he said.

Even if the test button is still working, the sensors in all smoke alarms wear out, so the devices’ expiry dates should be respected.

He had attended six fatal house fires, he said, and in every case the buildings lacked functioning smoke alarms.



AED units are more visible than they used to be and people at the workshops were told to not be afraid to use them if they needed to



Senior Constable Grant Heney was one of those who spoke at the workshops, and said the unwritten rule is that everyone should be prepared to be cut off from help for a full week in the event of a large-scale emergency

Bella Clark-Melchers from Appleby Voluntary Rural Fire Force and Gavin O’Donnell from Ngatimoti Voluntary Rural Fire Force explained how to stay fire-safe in a rural context. They spoke of the differing blazes, such as ground or surface fires and

“crown fires” that carry fire right to the top of the trees.

Drifting embers was one of the main hazards, and the crew suggested that firewood is stored well away from houses and attached fences, and that residents be mindful of piles of leaf debris and stretches of “uninterrupted fuel” like dry grass and bark.

Motueka’s Senior Constable Grant Heney urged residents not to neglect the basic principles of safety, reminding them that “we do have quite a bit of crime here from time to time”.

The crime prevention officer said that removing valuables from vehicles, locking sheds and garages, and installing proper safety latches on windows were some of the simple actions that could prevent opportunistic crime. “We all live in a very nice environment, so let’s just all do our best to make sure that it stays a nice place,” he said.

He also spoke of the police’s new national 105 phone number, which is a non-emergency alternative to 111.

The messages from Civil Defence were to know your neighbours, both in terms of what help they might need in an emergency, and what help they might be able to offer.

Heney, speaking on behalf of Civil Defence in the last workshop, said that the unwritten rule is now that we should be prepared to be cut off from help for a full week in the event of a large-scale emergency.

The workshops were sponsored by the Motueka Community Board, Motueka’s Westpac Bank and the Westpac Helicopter Trust.

What's New With Neighbourhood Support New Zealand

The latest highlights from our National Office, Members and Supporters.

Neighbourhood Support New Zealand (NSNZ) in collaboration with New Zealand Police have launched two new signs to help shut the gate on rural crime. The current designs available are 'Hunters Be Aware' to deter unlawful hunting and 'Cameras Operating' to deter trespassing, theft and vandalism.

127 signs have already been sold to members of the public as well as regional Police. Both signs are printed on an Aluminium Composite Material (ACM) with a UV Resistant Anti-Graffiti Laminate. The estimated lifespan for these signs is 15 years and come with 6 holes pre-drilled for easy installation.

Free English classes with childcare are now available in Masterton thanks to Weconnect, a Masterton Neighbourhood Support initiative to help new immigrants. "Whether you need it for work, study, daily life, or need to learn Kiwi slang, the classes will aim to teach participants to improve their connections with the community."

For all of August NSNZ encouraged our community to spread kindness at home, in their neighbourhoods, at work, school and in the streets by taking part in our national campaign - Random Acts of Kindness. Whether it meant baking treats for neighbours and colleagues or 'paying it forward' in line at a local cafe, we wanted to remind our Members and Supporters there are millions of ways to help make someone's day, week, or life a little brighter - one considerate gesture at a time.



New Rural Crime Prevention Signs



Mindful Colouring Sheet for NSNZ's September National Campaign: Mental Health + Well-Being



Newly joined Neighbourhood Supporters in Karori, Wellington gathered to see the first of the signs going up in their neighbourhood

Motueka Neighbourhood Support is raising funds and IQs through local Quiz Night. The group held the evening event in August which saw 14 teams take part and raised

\$581 for the organisation. Prizes included vouchers to their local New World grocery store, vouchers for a local garage in Riwaka, meat packs, vouchers for a ferry service

"For the month of September, NSNZ and our Members and Supporters across the country used our voice to raise awareness for Mental Health and Well-Being."

and several other prizes which were all generously donated by the local community.

Manawatu District Neighbourhood Support gave residents of their local Community Trust flats something to smile about when they teamed up with Bunnings and their local MenzShed to build two raised garden beds. They've also started hosting a sing along at their local Senior Leisure Centre which was such a great success that they already have more events planned for the remainder of the year.

Te reo brings neighbours together to learn. A group of neighbours and family from the area around Hurunuiorangi Marae in Gladstone have taken the initiative and set up classes to learn to speak te reo Māori. Organiser of the classes Mina "Queenie" Rowe said she had been talking about starting the group for a long time, but the decision to start was made at a Neighbourhood Support meeting.

September 9 - 15, NSNZ took part in Te Wiki o te Reo Māori (Māori Language Week) which encourages learning and using te reo Māori to help revitalise the language. This year's theme was 'Kia Kaha te

31 Random Acts of Kindness

1. Pick up any litter you come across
2. Leave a thank you note for someone
3. Plant swan plants to attract butterflies
4. Let someone go in front of you
5. Share snacks with friends or colleagues
6. Give a compliment to everyone you talk to
7. Smile more
8. Buy flowers to give away
9. Hold open the door or elevator
10. Donate your unused clothes to charity
11. Offer a hand to an elderly neighbour
12. Send a handwritten card to someone you love
13. Help someone with a flat tire or battery
14. Make a meal for a sick friend
15. Babysit for free for some parents you know
16. Lend a book you enjoyed to a friend
17. Pay for someone else's groceries
18. Give a hug to someone who wouldn't expect it
19. Make a donation to a charity or cause you admire
20. Offer your seat to someone
21. Have a chat with a neighbour you haven't met before
22. Bring treats down to your local fire or police station
23. Freely offer your skills
24. Buy a homeless person a meal
25. Send someone an anonymous gift
26. Pay for more parking than you need
27. Volunteer
28. Make something for someone else
29. Reconnect with an old friend
30. Leave a generous tip
31. Give yourself a hug for being awesome



Neighbourhood Support New Zealand | neighbourhoodsupport.co.nz

31 Random Acts of Kindness Ideas

Reo Māori' - 'Let's make the Māori language strong'.

Did you know that 1 in 4 New Zealand adults will suffer from a mental disorder or distress at some point in their lives? For the month of September, NSNZ and our Members and Supporters across the country used our voice to raise awareness for Mental Health and Well-Being. From promoting free support and crisis lines such as '1737' to creating a mindful colouring sheet for our communities and taking part in Mental Health Awareness Week

(organised by the Mental Health Foundation of NZ), we were grateful to be able to help shine some light on this important issue that affects us all.

In partnership with Bunnings, NSNZ will be taking part in a nationwide Crime Prevention Week from 13 - 20 November. Our Members have been encouraged to take part by hosting a local event (such as tool engravings and 'safer plates' which puts secure screws on vehicle registrations) or setup an awareness table at their nearest store during the week.

Christmas Holiday Safety Tips



KEEP GIFTS OUT OF SIGHT

Do not display your Christmas gifts near windows so they are easily visible from outside of the house. Take a walk around outside to see if valuables are visible through windows.



SUSPICIOUS ACTIVITY

Report any suspicious activity to the Police.



REDIRECT MAIL

If you are going on holidays, arrange for your mail to be collected or redirected and newspapers collected or cancelled.



SOCIAL MEDIA

Avoid sharing too much information on social media about your movements or what you got from Santa.



INSTALL A TIMER

If you are going away, place house lights on a timer.



SECURE WINDOWS

Extension cords running through a window for Christmas lights can create a severe security risk as this usually prevents the window from being closed properly and locked.



SECURE ALL DOORS

Make sure all windows and doors are securely locked. Make sure your garage door is closed completely before you drive off.



CHRISTMAS LIGHTS

Switch off Christmas lights and electrical items when going to bed or leaving the house to eliminate the possibility of fires caused by electrical faults.



HIDING SPOTS

Don't leave keys hidden outside or under the door mat, flowerpot or in the plastic rock.



FIRE PREVENTION

Don't leave candles unattended in your home and make sure they are not placed near flammable items.



GARBAGE BINS

Ask a neighbour to put your garbage bins out for collection and put them away again.



CENTRE PAGE
PULL OUT

12.

TALK TO NEIGHBOURS

Ask a neighbour to keep an eye out and watch out for anything suspicious while you are away.

13.

BE PREPARED

Always check the weather conditions if you are traveling for the holidays, so that you can be prepared for any emergencies.

14.

SAFETY FOR KIDS

When giving scooters and other riding toys, also give the gift of appropriate safety gear.

15.

NO MOBILES WHEN DRIVING

Put mobile phones on 'Do not disturb while driving' mode to eliminate the distraction.

16.

GIFT BOX DISPOSAL

(After Christmas) Do not place empty boxes from expensive gifts such as computers, gaming equipment, Smart TV'S etc. out on bin collection day after the holidays. Pull them apart and put them inside the bin.

17.

CREDIT CARDS

Organise a dedicated credit card for the Christmas shopping with a limited spending amount, if it is stolen or lost you will have limited loss and there will be no need to cancel all your regular credit cards.

18.

ATM OR CASH

Make more use of ATM's and withdraw money each day and hold NO CASH at home.

19.

SHOPPING CENTRE CARPARKS

Ensure gifts or valuables are not visible through locked car windows at shopping centres.

20.

RAFFLE TICKETS

When buying Christmas raffle tickets do not put your full name, address or phone number on the ticket stub it is enough to give your first name and email address.

21.

PACKAGE DELIVERY

More and more people are purchasing gifts online and having them shipped to their home. With this trend, more people are having packages stolen right off their front doorstep. If you're expecting packages, request signature confirmation or have a trusted neighbour hold onto it for you.

22.

REPORT IT

For a burglary in progress call Triple Zero 000. To report a burglary after the event phone 131 444.



NHW QLD

QUEENSLAND



Registered Volunteers, Robina State School Community Hall, May 2018. New Area Coordinator, Sascha Voevodin, is top right in the white shirt

Growing Neighbourhood Watch Awareness

Robina Waters and Robina Woods Style!

Robina Waters and Robina Woods is a real mouthful of a name for a Neighbourhood Watch group but it came about for a number of reasons. Firstly, there are other NHW groups in the large Robina suburb and secondly, the catchment was recently expanded to include all of Robina Waters and then Robina Woods as well.

This brought the total number of households and shops to 2,731, all served by a newsletter every three months, delivered a few weeks prior to the quarterly community meetings, which have been a feature of this group since its inception. Thirdly, we are officially Broadbeach

24 but the name does not reflect our actual location.

This NHW group started after two years of consultation with residents in the Newport Drive area and was officially launched in September 2010 with a meeting in the rooms below the Robina Presbyterian Church. In attendance were 16 residents and 6 from Queensland Police.

The original Committee consisted of David and Alison Gniel with Allan Howard as Area Coordinator. This committee (which survived intact until 2017) organised many community awareness activities. Good speakers were sought for



Neighbourhood Watch Plaque recently installed in Robina

the Community Meetings and the number of attendees and Registered Volunteers grew over the years.

Allan Howard and his wife Joyce moved up from Lismore NSW in 2001 after being involved with NHW there. Allan also instigated



Free Sausage Sizzle in Robina Village Shopping Centre, November 2018. The next one is on Saturday morning 16 November 2019 to coincide with NHW Week



Acting Superintendent Dave Cuskelly and Gold Coast Mayor Tom Tate present Allan Howard with the Gold Coast Safer Suburbs Award 2017



Allan Howard and Jenni Summer at an early Sausage Sizzle with two other volunteers

the formation of Gold Coast District NHW Inc which now supports 50 local groups on the Gold Coast and served as its initial President.

One highlight each year is the Gold Coast District Connection Day, where NHW group representatives have a chance to learn from others and informative speakers. Allan had been battling cancer for some time and finally succumbed on the eve of this group's August meeting and AGM. Allan's drive, commitment to community and energy will be sadly missed - he has set the bar high!

Robina Waters and Robina Woods NHW actively promote Neighbourhood Watch by participating in Sausage Sizzles, Clean-up Australia days, graffiti removal, Shred-X secure disposal days, installation of One-Way Safety Screws for number plates, and NHW Plaques for front fences and letterboxes. This latter activity means door-knocking selected streets, talking to residents and discussing their security concerns.

A large database of members has been built up from these activities

as well as from meeting attendance. An open Facebook page was commenced in 2018 with a Closed Group for members. These new features are a valuable method of quickly disseminating important news or alerts.

Our group now meets in the Robina State School Community Hall which allows plenty of room for expansion. With the new Area Coordinator, Sascha Voevodin, the group is soon to move into providing live feed of our Community meetings to the Facebook Group.



Jo and Marie from Brinsmead NHW with Bicycle Identification Cards

Far North NHW keeping busy

It's been a busy few months for NHW groups in the Far North. Two local groups continue to run markets that draw a crowd on both the north and southside of Cairns.

Several NHW groups in the Far North have recently seen a shuffle in committee members. We sincerely thank our leaving committee members for their time and dedication to the NHW program. We look forward to working with our new committee members as they bring new ideas to NHW in the Far North.

Local group Brinsmead NHW ran an information day promoting the Far North's bicycle identification. Bicycle owners were encouraged to fill out the card and keep it in a safe place at home. The Bicycle Identification card contains all of the information required by police in the event that the owner needs to report it stolen.

The Bicycle Identification card is available in the resources section on the NHWQ blog site.

The Woree NHW markets continue to grow in popularity at its new location at the Cairns Jockey Club. With a focus on Bric-a-Brac, many



Local councillor Cathy Zeiger is a wonderful supporter of Woree NHW and has a regular display at the markets



Local resident Naomi takes home her prize of a portable safe after winning a draw at the markets for making a purchase over \$10



There is something for everyone at the Woree Markets

stall holders set up a garage style display to sell off pre-loved items. The markets also house a large array of local craft and fresh plants and veggies.

Area Coordinator Alwin Koo devises a monthly treasure hunt which is

proving a big hit with kids attending the markets. There are lots of happy treasure hunters taking away great prizes on offer.

The Woree NHW markets have become well known as the 'friendly markets'.



Sgt. Adrian Smith, Member for Nicklin Marty Hunt, NHW Melissa Spinelli, NHW Edith Blanck, Snr. Constable Rebecca McMeniman and Peter Widt Volunteer in Police

Dogs on Patrol in Nambour

Everyone and their dog was invited to a free Dogs on Patrol Fun Day, promoting personal safety to dog walkers, at Nambour on Sunday 28 July.

Organised by Bli Bli Neighbourhood Watch, Sunshine Coast Police and Nambour PCYC the day included demonstrations and displays by Bli Bli Neighbourhood Watch, Crime Stoppers, RSPCA and Guide Dogs.

Bli Bli Neighbourhood Watch president Edith Blanck said the day was full of fun for everyone, especially their dogs!

"We had lots of competitions including Best Dressed Dog, Best Junior Handler, Handsomest Hound, Most Fabulous Family, Loveliest Lady and Most Gorgeous Golden Oldie," Mrs Blanck said.

Free Dogs on Patrol dog leashes were given to every dog that registered in any of the events.

We had lots of great activities for the kids including a Jumping Castle (gold coin donation) and a free



Lots of contenders for the category of the best dressed dog

petting zoo, sponsored by Bli Bli Vet, which is celebrating 20 years in Bli Bli. Bli Bli Neighbourhood Watch hosted a sausage sizzle, drinks and cake stall with delicious biscuits and muffins, the Bossy Coffee van and Barcobi Ice Cream kept everyone's bellies full and happy. Member for Nicklin Marty Hunt officially opened the event at 9.30am with a Welcome to Country. "Taking your dog for their daily walk is great for you, your dog and the

community and that is what we are encouraging with Dogs on Patrol," Mrs Blanck said.

"You can assist police by always carrying your mobile phone with you on your walk and if you see a crime or anything suspicious in your community call with information.

"In an emergency call Triple Zero 000. In non-emergencies, you can call your local police station or Police Link on 131 444.



Police, District Crime Prevention Officers and Volunteers in Policing partnered with Carlyle Gardens NHW group to hold a Turning The Screws on crime event

Partnering with Carlyle Gardens Townsville Neighbourhood Watch

Police from the District Crime Prevention Unit, Police Recruits and Volunteers in Policing (ViP's) partnered with the Carlyle Gardens Neighbourhood Watch group to hold a **Turning the screws on crime** event in conjunction with Queensland Road Safety Week on Sunday.

The event was held at Carlyle Gardens and was kindly sponsored by RACQ.

RACQ funding purchased the one-way screws so there was no cost to residents at Carlyle Gardens.

This initiative encourages members of the public to attend with their vehicles to have a one-way screws fitted to their number plate.

Once these are fitted, they can only be removed by a special tool.

This is to prevent petrol drive offs and other crimes which have involved stolen plates fitted to unregistered vehicles or fitted to stolen vehicles.

Police were extremely happy with the response from the residents of Carlyle Gardens with 177 vehicles attending to have their plates fitted.

The Carlyle Gardens Neighbourhood Watch group provided lunch for police and ViP's during the event.

Police took this opportunity to engage with residents in an informal setting.

A big thank you to RACQ and the Carlyle Gardens community in assisting to help reduce number plate thefts in the Townsville District.

Police also held a community turning the screws on crime event at 1300 Smiles on Saturday 24 August, with 247 cars attending to have their plates fitted.

Thanks again for your support!



Fitting anti-theft one-way screws to vehicle number plates



Area co-ordinator for Carlyle Gardens Townsville Mr Ron Whalan



A successful day working with the community



177 vehicles were fitted with one-way security screws

Driver Reviver NHW Volunteers at Yaamba

The Caves NHW is one of several community groups which staff the Yaamba Driver Reviver van during school holidays and public holidays, providing travellers with free coffee, tea and biscuits to help keep them alert on their journey.

Members from The Caves Neighbourhood Watch in front of the Driver Reviver van at Yaamba, Qld. Barry & Gwen Brazier, Ken & Robyn Hodby and Allana & Laurie Hill.





Over 400 people participated in the 3rd Annual NHW Bli Bli Unite Fun Run and Walk

Bli Bli NHW Fun Run & Walk raises \$20,000 to help combat domestic violence

The third annual Bli Bli Unite Fun Run & Walk this year was a huge success breaking attendance records, with more than 400 participants, and also achieving a funding record, raising more than \$20,000 to provide domestic violence education and victim support.

The event on Sunday 22 September, organised by Bli Bli Neighbourhood Watch (BBNW) and Bli Bli Little Athletics, attracted 411 participants and raised an enormous \$20,606.19.

Mrs Blanck said \$10,000 would be provided to White Ribbon Sunshine Coast, \$1,000 each to Sonshine Sanctuary & Lilly House Refuge Homes with a further \$4,000 worth of IGA food vouchers to be provided to domestic violence victims through the refuge homes. As part of Bli Bli Neighbourhood Watch's Youth in Community Program, \$2,500 would be

provided to Bli Bli Little Athletics with \$1,500 to be used by BBNW directly for its Skate Park Comp program.

Sunshine Coast Police District Officer Superintendent Darryl Johnson said "Domestic violence is not an issue we are going to arrest our way out of. We need everyone in the community to stand up and MAKE IT STOP and the Bli Bli Unite Fun Run & Walk is proof the community wants to do that."

Mrs Blanck said they were thrilled with the support from the community.



White Ribbon Chairman Greg Nash receives the \$10,000 cheque from Bli Bli NHW President Edith Blanck



Community 97.3 FM Bwgcolman Radio

Palm Island is an Aboriginal community located on Great Palm Island, also called by the Aboriginal name "Bwgcolman", an island 70km from Townsville on the Great Barrier Reef in North Queensland.

Hiding amongst this tropical paradise is the Palm Island PCYC. The PCYC Branch Manager Sergeant Frank Lawler is helping kids unleash their potential and building safer, healthier communities through youth development.

Police Citizens Youth Club (PCYC) Palm Island was established in 2004 after substantial community consultation on the design and services to be offered. A number of government agencies from all three levels of government were also involved in the establishment process.

The facility consists of a central area made up of a yarning circle, picnic tables and a playground.

Two main structures, one being a multipurpose sports centre and the other a multipurpose office and meeting room facility. This building houses the administration centre, a commercial grade kitchen, canteen, two meeting rooms, a childcare facility and the radio station.



The PCYC on Palm Island hosts its own community radio station. The radio station commenced operation in January this year and is run by the very talented Natasha Baira. 40 year old Natasha was born and grew up on Palm Island. Natasha donates 4 hours each day to the radio station and programs it to run 24 hours a day. Community 97.3 FM Bwgcolman

radio is currently waiting on a full license to be granted.

The community radio is funded by PCYC grants and paid advertising. Natasha plays all genres of music and community residents can call in to request songs to be played. They broadcast community announcements, what's on in the community and Sorry business. Natasha has a passion for helping in her community and in her spare time also volunteers in the other youth support programs at the PCYC.

The Palm Island PCYC branch manager Sergeant Frank Lawler said "Natasha is a wonderful person who invests in her community through Youth Support Services and the Bwgcolman Radio. Natasha is a person who wants to see her community grow through education and changes for the betterment of her community. She is an advocate for change in which she works towards a better future for her people."

NHW TAS

TASMANIA



Senior Constable Annabel Shegog talking with some students from Exeter High School about a career in policing
(Photo by Neil Richardson, *The Examiner Newspaper*.)

Careers Expo at Exeter

Neighbourhood Watch in Tasmania (NHWt) has a Memorandum of Understanding with Tasmania Police that sees the partnership working closely together on a range of community activities. The Community Police Officers in each of the Districts are the immediate link to support NHWT as well as school-based activities that promote policing as a career of choice. They regularly attend careers events at high schools, often organised by student leaders and teachers.

A recent Careers Expo was held at Exeter High School which is located on the Western banks of the Tamar River, mid-way between Launceston

"It was a great opportunity to meet students and make connections with some wonderful young people from the West-Tamar region."

and Bass Strait. The event had many businesses, both local and from outside the area, showcasing their trades, occupations and professions with representatives talking to the students about their career opportunities and pathways to get there.

Students also had a quiz they needed to complete which assisted them in connecting with the various stallholders and asking questions. Developing community partnerships

is an important part of education as it provides opportunities for students to explore options for study, casual employment, careers and volunteering and the various pathway options to get there.

Senior Constable Annabel Shegog said, "It was a great opportunity to meet students and make connections with some wonderful young people from the West-Tamar region".

Tassie's Newest NHW group Oakdowns

The newest Neighbourhood Watch group in Tasmania, based in Oakdowns, launched with a very engaged and successful meeting in May. Oakdowns is one of the newer suburbs on Hobart's eastern shore; the gateway to the South Arm Peninsula, overlooking Ralph's Bay.

Residents had become concerned about what appeared to be an increasing crime rate, with many comments about crime posted on a local Facebook Group page, so local Cathy Parr stepped in – and stepped up.

Cathy spoke to the police and to Neighbourhood Watch, and organised a public meeting at the local Early Learning Centre, so the community could hear from the experts. There was tremendous interest, with more than 50 people crammed into the Centre's facilities.

It was a great opportunity for the police to share the information they had about local crime, demonstrating that things weren't quite as bad as they might have seemed. The police and NHW also shared their experience, including how local communities and individuals can help themselves when it comes to preventing crime.

An important outcome of the public meeting was the decision to formally establish their own NHW group, which will be led by Cathy, and draw on the experience of NHWT members to build on their knowledge and community activities.

There were many other benefits from the initial meeting. For a start, they discovered they could access the excellent Grace Church facilities for meetings and events, ensuring they would have sufficient space for a comfortable meeting.

The meeting was also a demonstration of how NHW



Peter Edwards, Cathy Parr and Corie Wilcox plan future Oakdowns NHW activities at their local café *Sideline Espresso*



Oakdowns NHW members receive a briefing on home security from a representative of Jacksons Locksmiths

brings people together. Many of the people at the meeting hadn't met before, even though they lived very close by – in fact, two of the residents discovered they shared a back fence to their properties! The fact that the initial group had letterbox dropped over 900 newsletters in their suburb before the meeting also helped to further engage the community.

Sarah Lovell, the Legislative Council Member for Rumney, has her electorate office on the Oakdowns

border and has provided valuable encouragement and printing support for the new NHW group. Sarah is a strong supporter of Neighbourhood Watch and its positive impact on communities.

"Neighbourhood Watch is a valuable part of the Tasmanian, and Australian, community. It's about people helping each other and I look forward to watching this new Oakdowns group grow," Ms Lovell said.

The group left the meeting with a strong sense of community safety and connectedness. They will continue to communicate via their Facebook Group, which is likely to attract even more members to their NHW Group.

Oakdowns Neighbourhood Watch is currently planning new initiatives for their area and will be participating in Neighbourhood Watch Week in Partnership with Crime Prevention Week at the local Bunnings Warehouse at Mornington between 13 and 20 November 2019.

Cuppa with a Cop



Members of the neighbouring Ambleside NHW group were there in support with State NHWT representative, Peter Edwards



Community enjoys Cuppa With a Cop



Children on school holidays enjoyed the demonstration of lights and sirens on the police car provided by Senior Sergeant Stewart Williams



Committee members of the Latrobe NHW were delighted with the roll up

Coffee with a Cop is believed to have started in the USA in 2011. The idea of the police meeting with members of their community in neutral locations and non-confronting situations was devised to improve the relationship between citizens and police. The event quickly spread across America and now occurs in a number of other countries, including many states in Australia.

The idea was picked up by Neighbourhood Watch in Tasmania (NHWT) and re-branded *Cuppa with a Cop*, recognising that not everyone necessarily drank coffee! However, the positive outcomes from having a chat with the police over tea, coffee or a cordial worked wonders for sharing information and breaking down barriers.

International *Coffee with a Cop* Day is traditionally the first Wednesday in October, which was the significance of Latrobe Neighbourhood Watch and the *Crowded Lounge Café* hosting this event on 2 October 2019. The Latrobe Committee worked with Western District Community Police Officer, Senior Constable Emilie Dellar, to organise the event. More than 50 people of all ages attended the gathering which meant the *Crowded Lounge* truly lived up to its name!

Acting Inspector Martin Parker brought a contingent of local police and Acting Mayor, Graeme Brown led representatives from the Latrobe Council to join in the conversation and camaraderie that the event generated.

Children on school holidays enjoyed the demonstration of lights and sirens on the police car provided by Senior Sergeant Stewart Williams. And members of the neighbouring Ambleside Neighbourhood Watch group were there in support having had a *cuppa* trial run (not a *dry run*) the evening before with state NHWT representative, Peter Edwards.

Committee members of the Latrobe Neighbourhood Watch Group were delighted with the roll up. Bobbi-Jo Bailey said, *Such a simple event really does bring the community and police together to build relationships - one cup at a time!* Senior Constable Emilie Dellar said, *These opportunities are not restricted to this particular day and NHWT regularly organises similar events across the state in partnership with Tasmania Police.*

Multicultural Leaders and WA Police Force Meeting



Community Engagement Division members met at Police Headquarters with leaders from the Indian, Pakistani, Sri Lankan, Malaysian, Indonesian, Vietnamese, Cambodian, Burmese and Singaporean communities

The WA Police Force and Neighbourhood Watch WA (NHWWA) have been working in collaboration with the Perth Chinese community to establish a dedicated Chinese NHW group. This group have been extremely proactive and in 2019 became an incorporated organisation.

This group uses NHW as an engagement medium and are proving to be a very successful organisation. On a quarterly basis the NHW Chinese group host community information sessions and present on topics such as family and domestic violence prevention, basic road rules, Crime Stoppers information, Fisheries Department laws just to mention a few.

As a result of the success with engaging the Chinese Community under the banner of NHW, the WA Police Force are now progressing engagement with other multicultural groups.

Recently the Community Engagement Division (CED) met at Police Headquarters with leaders from the Indian, Pakistani, Sri Lankan, Malaysian, Indonesian, Vietnamese, Cambodian, Burmese and Singaporean communities, who represented various religious societies, including Muslim, Hindu, Buddhist, Sai Baba and Christian faiths.

CED met with these community leaders to talk openly about the services the WA Police Force

provides, and invited them to actively discuss issues relating to their specific community groups. The meeting was an invitation to build enduring relationships with the Police, linked to proactive engagement mediums such as Neighbourhood Watch and Crime Stoppers, and to provide education and awareness regarding protective behaviours and crime prevention partnerships.

This initiative is a CED pilot project, reaching out to the wider multicultural community, building on the strong trusting existing relationships already established with the new and emerging humanitarian settlement communities from Africa, the Middle East and Asia.

Commissioner's Multicultural Support



Commissioner Chris Dawson and Superintendent Kate Taylor, Community Engagement Division with Chinese Neighbourhood Watch group members

The Commissioner of Police in Western Australia Mr Chris Dawson recently hosted a morning tea specifically for women from multicultural backgrounds.

The event was held on the banks of the beautiful Swan River at Burswood on Swan Reception Centre which looks over the river to the City of Perth.

The Commissioner hosts numerous events during the year as a way for himself and his Police Officers to engage with groups that they may not necessarily have social engagement with. At all of these events uniformed Police Officers wear coloured stickers to indicate what Police District they represent enabling the guests to speak to officers specifically from their own districts. This system has proved to be very effective allowing invited guests to speak to their local Police Officers.



Senior Constable Sam Lim, Diversity Engagement Unit with members of the Chinese Neighbourhood Watch group

Approximately 200 multicultural woman and 70 Police Officers attended this event. It was very pleasing to see a strong representation from the Chinese Neighbourhood Watch Group who are pictured with Commissioner Chris Dawson and Superintendent Kate Taylor from the Community Engagement Division.

Senior Constable Sam Lim from the Diversity Engagement Unit is also pictured with the Ladies. The members of this Chinese Neighbourhood Watch Group represent the majority of suburbs throughout the Metropolitan area of Perth.

BUPA Neighbourhood Watch Partnership



Bo Bi Bupa, Lisa Li Chinese NHW group, Bernie Durkin Chair NHWA, Rebecca Wall Bupa and members of the Ging Mo Academy

Bupa have partnered with the Chinese Neighbourhood Watch (NHW) Group Inc in Western Australia to promote healthier communities.

In September 2019, Bupa, one of Australia's largest health insurers, held the official re-opening of their Retail Centre in the Carousel Shopping Centre in Cannington WA. NHW Members and Mr Bernie Durkin Chair of NHW Australasia attended the event to officially cut the ribbon to the newly renovated store.

The Chinese NHW group host quarterly Crime Prevention Community Safety forums and Bupa have come on board to support these forums. Bupa Area Manager WA for Customer Growth, Rebecca Wall said "At Bupa we want our customers to live longer, healthier, happier lives and the refurbishment of this store is a significant investment in the health and care of the Cannington community and across WA. Our relationship with Neighbourhood Watch is one way of supporting local Chinese communities."

The President of the NHW Chinese Group Lisa Li is also very supportive of their partnership with Bupa. Lisa said "Healthy living is very important and this includes the emotional health of her members and this partnership with BUPA promotes healthier communities."

The official opening also included a traditional Lion Dancing performance by the Ging Mo Academy accompanied by the drummers who attracted quite a crowd within the shopping centre.

Human trafficking and slavery – an emerging crime

Police and other law enforcement partners across Australia are tackling a type of crime that is largely hidden – human trafficking, which is also referred to as modern slavery.

The reality is that human trafficking is occurring in every country in the world and Australia is not immune. Many people in the community are not familiar with human trafficking as a crime and do not know what the indicators are.

The Australian Federal Police (AFP) are the lead agency for investigating this crime type but it is up to all of the community to do whatever we can to help identify this crime type and support victims to seek help. This starts with awareness of the problem and by asking some key questions:

1. What is human trafficking?
2. What are the indicators?
3. Where may we see this crime type?; and most importantly,
4. What do we do if we suspect human trafficking is happening?

Human trafficking is the physical movement of people across or within borders by coercing, threatening or deceiving them, for the purpose of exploiting them when they reach their destination. In essence, human trafficking is the **ongoing exploitation of a person**.

In Australia, the term human trafficking encompass the following crime types:

- Slavery
- Servitude (Sexual/Domestic)
- Forced Marriage
- Forced Labour
- Deceptive Recruiting



- Debt Bondage
- Trafficking in persons
- Organ Trafficking
- Harboursing a victim

In 2018 the AFP received 179 referrals for investigation across a range of human trafficking crime types. Forced marriage is the most common type of human trafficking referral received by the AFP, last year accounting for around 40% of referrals. A forced marriage is where one person has entered into a marriage **without freely and fully consenting** because of the use of coercion, threat or deception or because the person was incapable of understanding the nature and effect of the marriage ceremony.

The AFP's approach to the investigation of these matters is always focussed primarily on the needs of victim. The AFP is able to referred suspected victims of human trafficking for support and advice,

whilst also considering the progress of a criminal investigation.

"It is important to remember that these people may have been victim of the most heinous exploitation including physical and sexual assault, deprivation of food or the removal of their freedom by someone else. Keeping a victim-centric approach to our investigations is essential" said Detective Superintendent Joanne Cameron, National Coordinator for National Response Operations in the AFP.

Detective Superintendent Cameron says that education is vital in addressing this crime type. *"We rely on front line police, other first responders, other government and non-government agencies and of course the community to be the eyes and ears to identify and report this crime type. We all have a role to play."*

The AFP and Victoria Police have developed a human trafficking and slavery information and awareness



Picture from “Look a little deeper” human trafficking and slavery education package. Image depicts actors

package known as “Look a little deeper” to help police and law enforcement agencies understand what human trafficking is so that if they see it, they can act on it.

Indicators of human trafficking

People who are possible victims of human trafficking may show signs, known as indicators, that they are being trafficked. Each of the different crime types listed has indicators which victims **may** exhibit.

General Indicators

People who have been or are being trafficked may:

- Be deceived about the nature of their job, location or employer
- Feel they cannot leave their work environment or accommodation
- Show signs their movements are being controlled
- Show fear, anxiety, distress or nervousness
- Not be in possession of their passports or other travel or identity

- documents, as those documents are being held by someone else
- Be transported between accommodation and work by organisers
- Be under the perception that they are bonded by debt and not free to cease work

These are just some of the indicators. A full list can be found on the Australian Federal Police website:

<https://www.afp.gov.au/what-we-do/crime-types/human-trafficking>

Environments where you may see indicators

Human trafficking indicators may present anywhere. Those listed below are reflective of areas where indicators are known to occur.

- Agriculture or horticulture industry including seasonal farming
- Construction industry, including mining
- Garments and textile industries
- Catering and restaurant businesses

- Domestic work
- Sex Industry
- Family/Domestic disputes

What to do if human trafficking is suspected

If you suspect that someone is a victim of human trafficking, slavery or slavery-like practices, you should seek help. If there is an immediate risk of harm contact police on 000.

To make a report of a suspected crime contact on the Australian Federal Police via the AFP website www.afp.gov.au or call 131 AFP (131 237).

If you have information about human trafficking and you want to report anonymously, contact Crime Stoppers (1800 333 000 or via crimestoppers.com.au).

To learn more about human trafficking log onto:

<https://www.afp.gov.au/what-we-do/crime-types/human-trafficking>



Flag bearers involved in the official conference opening. There were 25 countries in attendance during ACWAP

2019 Australasian Council of Women and Policing Conference

The 2019 Australasian Council of Women and Policing (ACWAP) Conference was recently held in Canberra. The theme for this year was 'Collaborate! The future belongs to us'.

Over three days, more than 500 delegates from Australian and international law enforcement agencies had the opportunity to hear from over 60 speakers.

Topics covered included investigations, wellbeing, mentoring, leadership and family violence. Keynote speakers included Kerrie Yaxley (Reporter, Nine Network), Virginia Haussegger (University of Canberra), Kathryn Campbell (Department of Social Services), Cressida Dick (Commissioner,

Metropolitan Police) and Amy Hess (Executive Assistant Director, FBI).

Other highlights included a Commissioner's and Deputy Commissioner's panel, presentations by Australian Federal Police (AFP) Sergeants Grace Calma and Mark Usback on the Thai Cave Rescue, a visit from Terri, Bindi and Robert Irwin, and a discussion on the relationship between culture and health by the AFP's Dr Katrina Sanders and Dr Abby McLeod.

The conference also included the annual ACWAP awards. There were 15 awards presented to deserving candidates during an awards dinner.

The recipients included two AFP members: Danielle Leske who received the award for Most Outstanding Female Investigator and Amy Critchley who received the award for Most Outstanding Female Intelligence Practitioner. ARLEMP also took out the Best Initiative for Women.



Terri Irwin - Australia Zoo, retired AFP Commissioner Andrew Colvin and AC Platz at the ACWAP Awards Dinner



Assistant Commissioner Platz and Commissioner Cressida Dick (UK Metropolitan Police) with other attendees at the National Police Memorial Service

Recently retired Commissioner Andrew Colvin also received the International Association of Women Police Male Award in Support of UN HeForShe Campaign award.

Some of the key takeaways from the conference as noted by participants include:

- There is a direct link between culture and wellbeing - and organisations need to recognise this link to ensure the health of their members
- There is no set trajectory for a career path and each individual's journey is different. It's okay to prioritise your career or your personal life at different times
- Environments where innovation and collaboration are encouraged independent of the hierarchy can lead to great ideas and suggestions within the workplace
- The focus of leadership should always be the people
- Recognising the strengths and weaknesses of your team and harnessing individuality are keys to successful leadership

An especially emotional and important tribute was also made at a sunset service at the National Wall of Remembrance by Commissioners Dick and Colvin and ACWAP President Debbie Platz.

The next ACWAP conference will be held in September 2020 in the Northern Territory.

Crime Prevention Through Environmental Design

Crime Prevention Through Environmental Design (CPTED) pronounced sep-ted, and sometimes referred to as *Safer by Design*, is a proven but sometimes overlooked and misunderstood crime prevention concept.

It is based on the understanding that human behaviour can be influenced by the proper design and effective use of the physical environment with the outcome of a reduction in the incidence and fear of crime and an improvement in the quality of life (Crowe, 2000).

CPTED has been around since the early 1970's stemming from the work of Oscar Newman and C. Ray Jeffrey and flowing on from Jane Jacob's 1961 book '*Death and Life of Great American Cities*'.

The need to manipulate the environment to overcome threats is timeless, as the moats surrounding medieval castles and their battlements, turrets and drawbridges would now be regarded as the embodiment of several CPTED strategies.

CPTED strategies can be employed in a wide range of settings, from major infrastructure and public space right through to an individual private dwelling.

The concept has grown and matured to face the current and emerging threats to community safety, including terrorism.

CPTED is intended to support desired behaviours, enhance the intended functionality of a location, reduce undesired behaviour and place potential offenders at a disadvantage. This is achieved by reducing the propensity of the physical environment to support criminal or undesirable behaviour. In the race to overcome undesired



Design should support safe use at all times

behaviours care should be taken not to unintentionally create an environment that is hostile and counter-productive to the desired use.

References to CPTED can be found in legislation such as Section 79C of the *Environmental Planning and Assessment Act, 1979* (NSW), New Zealand's national guidelines and State based CPTED or 'Safer Design' type guidelines in Australia. It is almost impossible to search the planning policies of local government and not find a reference to CPTED.

CPTED recognises that the local context will have an influence on the issues faced. For example, a school located in an urban area located near to an evening entertainment precinct and a transport hub will face completely different issues to identical schools located in a rural or suburban setting.

At the heart of CPTED are the concepts of:

- Territorial Reinforcement/ Territoriality – design features that demonstrate ownership, pride, active control and management of a location;



Vulnerable infrastructure should be protected from malicious (and accidental) damage



Easily interpreted signage facilitates rapid assistance in an emergency

- Natural Surveillance – the ability to see and be seen whilst not enabling illegitimate surveillance of vulnerable areas;
- Access Control – the ability to enable, restrict and/or control the movement of people and vehicles at a location;
- Quality Environment – to encourage high usage by a broad cross section of the community; and
- Barrier Free Access – enabling a safe environment for those with disabilities.

Some commonly used CPTED approaches to improving safety include:

- Enhancing legibility of a space and how it is to be safely use, especially for those unfamiliar with the area;
- Removing 'excuses' for undesired behaviour;
- Removing 'loitering cues' that support illegitimate surveillance of a location e.g. incorrectly located seating, notice boards etc;
- Providing clear border definition of space;
- Providing clearly marked transition from public to private space;
- Placing gathering areas in locations with good natural surveillance and effective access control;
- Enhancing natural surveillance and sightlines;
- Providing natural barriers to conflicting activities;
- Improving scheduling of space to allow for critical intensity; and
- Overcoming distance and isolation through improved communication and design.



John Goldsworthy

Director, International Operations
International Security Management & Crime Prevention Institute (ISM CPI)

John facilitates workshops for government agencies, urban design, planning and allied professionals in Australia and New Zealand to promote understanding of CPTED after a career spanning nearly 42 years in the Queensland Police Service (QPS) where he was one of the pioneers of the concept in Australia.

He has a special affinity with Neighbourhood Watch, having served as the QPS NHW State Coordinator during the early 1990's introducing innovations to the program which still exist today.

Information about John's work in the field of CPTED can be found at <https://www.ismcp.com>

Will you help them?

Everyday Australian businesses are looking for ways to enhance their employment offering to their staff or membership base. With the growing trend towards providing a positive Lifestyle of Health and Sustainability (LOHAS) platform both in the work place and at home, employee wellness is now more of a priority than ever before.

Introducing Your Wills: an Australian first: a fast, hassle free online Will platform that allows you to create a simple, straightforward, legally binding Will online, anywhere, anytime.

Your Wills believes you should be looking holistically at all forms of wellness - including financial wellness - to deepen the engagement with your staff, customers and members now and into the future.

Interested to find out more?
Contact Tony: tony@yourwills.com.au


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